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Wellness Chiropractic
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Patient History Report:

Patient Name: Alex Niswander

Allergies: Ragweed/Pollen, Seasonal Allergies, Molds

Surgeries: Foot, Crushed left foot - repaired in 1999

Past Medical Problems: Foot Pain, Neck Pain, Headaches, High Blood Pressure

Medication: Diovan (Cardiovascular System), Celebrex (Bone or Joint)

Family History: Arthritis (Mother)

Accidents History: Boat/Recreational Accident (ACL repair- football injury 1989)

Complaint History (Completed on 10/27/2007)

Alex's **headaches** started on 10/27/2006 and he said: "I am not really sure how they happened. They started gradually and then got much worse at the end of the day".

- The pain is also described as tightness and stabbing pain.
- The pain is rated at a 9 (0 being none and 10 being excruciating).
- Activity affected level is rated at a 7 (0 being no effect and 10 being no possible activity).
- Symptoms are getting worse.
- Ice, massage therapy, pain medicines and
- Stretching makes the pain better.
- ADLs: Cooking/Cleaning, Driving, Exercise/Sports, Light/Sound, Running, Working

Alex's **neck pain** started on 8/1/2007 and he said: "My neck pain started with the headaches".

- The pain is also described as a dull ache.
- The pain is rated at a 9 (0 being none and 10 being excruciating).
- Activity affected level is rated at a 7 (0 being no effect and 10 being no possible activity).